

COME JOIN US

Outward Bound for Grieving Teens provides the opportunity for participants, ages 14 to 18, to experience specially crafted outdoor wilderness expeditions. By combining personal growth methodologies of Outward Bound, with a simple support model that honors the griever, Outward Bound is able to deliver an intensely profound healing experience relevant to the lives of people who are coping with the death of a loved one.

Fundraising in this area allows all participants to receive significantly reduced tuition at an important moment in their grieving process.



**OUTWARD
BOUND**



New York Life
Foundation



LEARN MORE

www.outwardbound.org/grievingteens

866-467-7651

Outward Bound is a nonprofit, tax-exempt, educational organization and is approved as a 501(c)(3) organization under the Internal Revenue Code. All contributions are tax-deductible. Outward Bound considers applications on an equal opportunity basis without regard to an applicant's race, color, creed, religion, sex, sexual orientation, age, disability or any other status protected by federal, state or local law. Outward Bound actively seeks to serve diverse students through recruiting, affiliations, dedicated scholarships and community programs.



**OUTWARD
BOUND**



**OUTWARD BOUND
FOR GRIEVING TEENS**

SKILLS FOR LIFE

OUTWARD BOUND FOR GRIEVING TEENS

Whether it's climbing majestic mountains, rappelling down granite cliffs, or navigating through lakes and oceans, Outward Bound for Grieving Teens provides the opportunity for participants to discover their inner strength. This experience combines the rigorous challenge of an Outward Bound course with activities designed to encourage expression in an environment that respects the grief process.

OUR COURSES ARE LED BY SPECIALLY-TRAINED INSTRUCTORS

They are real expeditions that cross rugged, beautiful terrain. They require participants to dig deep and discover hidden strength. After course, students report high levels of confidence, self-esteem and teamwork skills; three times the number of students pre-course. The accomplishment is real and the feeling of success is yours to keep.

EXPERIENCE LEARNING

FIND YOUR HEALING POWER

BEGIN YOUR INNER JOURNEY

DISCOVER YOUR TRUE SELF

*"When he came back he opened
up and discovered that life
was worth living."*

Carolyn - Parent

It's not the destination, but the journey. And, getting there can be amazing! Participate in any combination of these classic Outward Bound activities:

Activities take place in Colorado, Maine, Minnesota, North Carolina and Pennsylvania.

REDUCED TUITION

Outward Bound for Grieving Teens is made possible by the generous support of our donors. Because of their generosity we are able to offer reduced and in some cases full tuition for all program participants. We are particularly grateful to the leadership support of the New York Life Foundation.